



mappcoalition.com

MONTHLY NEWSLETTER



MAPP Youth

- Want to make a difference in your Community?
 - Want to be a role model for other youth?
 - Want to increase your leadership skills?
 - Looking to add to your resume?
- If so, let us know and we'll let you know about upcoming meetings and events!



Upcoming Event: September 15th

Onamia High School Foyer (before school)

We will be sharing information on resources for students/staff to quit nicotine as well as inform students of the new Adult Recreational Marijuana Laws in MN to clear up some misconceptions.

What is MAPP?

Mille Lacs Area Partners in Prevention (MAPP) is an organization that works to develop and maintain partnerships that engage and empower the community to make healthy choices about drugs. Through a collaborate process we are able to share resources as well as inform each other of how drugs are impacting our community and find solutions for these concerns.

If you are interested in learning how you can be involved or would like to attend one of our upcoming meetings, please contact mapp@onamia.k12.mn.us. Our meetings are usually the last Tuesday of the month from 11:30am - 12:30pm, held in person in Onamia at the Ralph Olsen Center (R.O.C.). We also have a "Zoom" option.

MAPP Coalition Spotlight

All that is missing is YOU!



What is a Coalition?

A coalition is a group of individuals and groups representing a variety of sectors in any given community. This group works collaboratively to design and implement comprehensive, community wide substance use/misuse prevention strategies. These strategies are intended to change community norms and standards of conduct related to substance use within the community.

Who is a part of the MAPP Coalition?

Youth, Parents, Businesses, Media, Schools, Youth Serving Organizations, Law Enforcement, Substance Use Disorder Treatment Facilities, Religious organizations, Civic Organizations, Health Care Professionals, Governmental Agencies, Youth Serving Organizations. If you are a part of one of the previous community sectors and are interested in learning more or being a part of the Mille Lacs Area Partners in Prevention (MAPP) Coalition, please call Troy at 612-499-1117 or email mapp@onamia.k12.mn.us.

Thought You Should Know

“Is Loneliness As Harmful as Smoking?”

In America, loneliness is making headlines in employer workplaces and public health as a significant factor affecting mental health. Meanwhile the [U.S. Surgeon General Vivek Murthy](#) declared loneliness as a top public health priority, citing a study that found the mortality risk of loneliness was comparable to as smoking 15 cigarettes a day. While there are debates as to whether loneliness is really as deadly as smoking, [research](#) shows a likely association between loneliness and smoking. How can we combat this lethal combination? [Read more](#)

**taken from theexprogram.com and Sarah Cha*

Question of the Month

What are the legal limits of the new MN Adult Recreational Marijuana Law?

- You must be 21 years old to purchase and possess Marijuana
- Marijuana can't be used on public school grounds
- Where smoking is prohibited you also cannot use Marijuana
- Cannot use Marijuana when behind the wheel of a car, boat or motorized vehicle
- All of the above

Additional Resources and Information

[Lonely Older Adults](#)

[Things to do when lonely](#)

[Impacts on Health of Social Isolation](#)



Scan the QR code or visit our website to make your guess!

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