

# MONTHLY NEWSLETTER



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## Onamia Youth Survey:

There were over 130,000 students statewide who participated in the MN Student Survey Spring of 2022. Onamia High School also participated in this survey and I wanted to share a few of the highlights.

**84%** of OHS students (7th-12th)  
**believed that teachers care about students**

**82%** of OHS students (7th-12th)  
**feel safe at our school**

**74%** of OHS students (7th-12th)  
**did not use e-cigs within past 30 days**

## Upcoming Event: “Do You Know?” Friday January 27

Youth from Onamia’s Health classes will assist with “Did You Know?” morning quiz. They will be increasing awareness of the results of the MN Student Survey. We will hopefully be giving away a variety of different promotional items as well as the ever popular hot chocolate.

## What is MAPP?

Mille Lacs Area Partners in Prevention (MAPP) is an organization that works to develop and maintain partnerships that engage and empower the community to make health choices about drugs. Through a collaborate process we are able to share resources as well as inform each other of how drugs are impacting our community and find solutions for these concerns. Last month we had speakers from Smart Approaches to Marijuana speak about some of the concerns of legalizing marijuana as well as discussing current and future legislation of the drug and the impact in can have on a community.

If you, or know of someone who might be interested in being part of this coalition please contact [mapp@onamia.k12.mn.us](mailto:mapp@onamia.k12.mn.us)

# MAPP Coalition Spotlight:

## Laura Bork RN, PHN, LSN



### Tell us a little about yourself:

I attended school and have lived in the Hinckley area my entire life. In 2009 I graduated from the College of St Scholastica with a Bachelor of Science with a nursing major and biology minor. After graduating college I entered into a Public Health Nurse role with Kanabec County for 9 years- working with all ages but eventually settling into the Family Home Visiting department. I provided prenatal and postpartum in-home services to families experiencing chronic, adverse life experiences like alcohol and drug use, extreme poverty, food insecurity, homelessness, and mental health needs. In 2018 I worked for one year as a treatment director with a non-profit named True Directions out of Mora MN. My role was to manage services to reintegrate patients into the community after being discharged from substance rehabilitation programming or incarceration. The setting I worked in was a women's low-intensity drug rehabilitation and sober living home. From there I went on to work at Lake and Pines Head Start as the Health Service Coordinator overseeing medical records and facility safety in childcare settings throughout the seven-county region.

### Why are you a part of MAPP?

In December 2019 I started working as the School Nurse for Nay Ah Shing and Pine Grove Schools for the Mille Lacs Band of Ojibwe. I feel like I have found my place in the world- the students, families and staff are simply amazing and I'm blessed to be given the privilege to work for them all.

## Thought You Should Know: “Lithium Being Trashed by the Ton....”

Did you know that five disposable vapes are being thrown away every second by young people in the US despite the devices containing reusable lithium-ion batteries. Over a year, this amounts to 150 million devices – which together contain enough lithium for about 6,000 Teslas. Of those who use it is estimated that two thirds of people put their used devices straight into the household trash.

Lithium is an in-demand metal because of its use in rechargeable batteries that power everything from mobile phones to electric cars. But producing it is a complex process that typically generates high carbon emissions. Lithium-ion batteries are defined as hazardous waste because of their toxic nature and propensity to catch fire when damaged.

## Additional Resources

Marijuana: <https://johnnysambassadors.org/>

Youth Nicotine Cessation: <http://www.youthtobacco cessation.org/resources/programs.html>

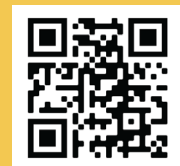
Mental Health: <https://namimn.org/resources/>

Tobacco/Nicotine: <https://truthinitiative.org/>

## Question of the Month

Which of the following drugs do OHS students believe has the greatest risk in harming themselves physically?

- a. cigarettes
- b. alcohol
- c. marijuana
- d. vapes
- e. prescription drugs not prescribed to them



Scan the QR code or visit our website to make your guess!  
[MAPPcoalition.com](https://MAPPcoalition.com)