



mappcoalition.com

MONTHLY NEWSLETTER



Health Advisories

Part 1: Two lawmakers called for a travel advisory to warn Americans of the danger of purchasing medications in Mexico due to ever increasing amounts of fentanyl and other drugs found in seized shipments.

The State Department that travelers to “exercise caution when purchasing medications overseas.”

Part 2: The Office of National Drug Control Policy announced a veterinary tranquilizer as an “emerging threat” when it’s mixed with the powerful opioid fentanyl, clearing the way for more efforts to stop the spread of xylazine.

What is MAPP?

Mille Lacs Area Partners in Prevention (MAPP) is an organization that works to develop and maintain partnerships that engage and empower the community to make health choices about drugs. Through a collaborate process we are able to share resources as well as inform each other of how drugs are impacting our community and find solutions for these concerns. Last month we had speakers from Smart Approaches to Marijuana speak about some of the concerns of legalizing marijuana as well as discussing current and future legislation of the drug and the impact it can have on a community.

If you, or know of someone who might be interested in being part of this coalition please contact mapp@onamia.k12.mn.us

Upcoming Event: April 28th

Alcohol Awareness Event (morning quiz)

- What percentage of OHS students have used Alcohol in previous 30 days?
- What percentage of OHS student’s parents/guardians disprove of students use of alcohol?
- What are some of the Physical Health concerns of abusing Alcohol?

MAPP Coalition Spotlight

Sarah Larson, MLBO HHS Population Health Department



Tell us a little about yourself:

I began my position in January with the Mille Lacs Band of Ojibwe HHS Population Health Department as the Community Health Educator. I coordinate two grants, SHIP and Tobacco, for the community. For the SHIP grant, I'm working on health and wellness education as well as providing healthy food options and physical activity opportunities throughout the community. I'll also be learning and helping with some gardening projects this summer. For the Tobacco grant, I completed the Tobacco Treatment Specialist training and am working on getting a commercial tobacco cessation program integrated into the District 1 Ne la Shing clinic, while promoting sacred tobacco. I've also been providing vaping education for the afterschool programs this month.

Why are you a part of MAPP?

Being part of the MAPP coalition has allowed me to learn about other work that is being done in the region related to substance use. While my position primarily focuses on tobacco, substance use impacts the health and wellness of our communities greatly and I believe prevention starts with our youngest community members.

Thought You Should Know

What is synthetic THC?

The legalization of hemp in 2018 through the Farm Bill, agricultural legislation that Congress passes every five years, has resulted in the creation of products containing synthetic hemp-derived compounds, such as those containing delta-8 THC. Delta-8 and other synthetic hemp-derived compounds (e.g. delta-10 THC, THC-O, HHC, HHC-O) are psychoactive and can result in a range of negative consequences, including addiction, psychosis, respiratory problems, and vomiting, among others. Such compounds exist in a legal gray area and are largely unregulated.

Why should you sound the alarm?

A growing number of retailers are avoiding strict regulations and prohibitions by selling products containing these compounds.

Additional Resources

<https://parentaction.network/>

<https://drugfree.org/>

Narcan video: <https://youtu.be/o8lpvpFx0V8> (narcan video)

Question of the Month

What is the amount of nicotine found in ONE JUUL pod?

- a. 10 cigarettes
- b. 20 cigarettes
- c. 30 cigarettes
- d. 40 cigarettes



Scan the QR code or visit our website to make your guess!